

'Enabling Haringey' Newsletter



Students from Blanche Nevile School for Deaf Children make music at the Bernie Grant Art Centre, Tottenham

Welcome!



I am Mhairi McGhee. My name is said 'Vari'.

I am the Disability Representation Worker for Haringey Disability First Consortium.

My job is to set-up a Disability Forum, to support the needs and rights of disabled people in Haringey and make an accessible list of the services available to disabled people. The forum is currently being called 'Enabling Haringey', but what would you call it?

I also put together this newsletter.

This newsletter is for you, so tell us what you would like in it!

Do you know about something great that other people might find interesting? Would you like to take photographs or write for the newsletter. Would you like to help by delivering it?

If you would like to find out more please get in touch



0208 885 4705



mhairi@hwfonline.org.uk

Mhairi works Monday, Wednesday and Thursday from:
Haringey Women's Forum, 1 Bruce Grove, Haringey. N17 6RA.

Haringey Disability First Consortium is made up of four local community organisations:



Charity number 1005145



Charity number: 1069301



Charity number: 1118255



Charity number: 1088695



Elisabete and Kent – project volunteers!
Contact us about volunteering!

“We are tired of being marginalised and antagonised”

The 3rd December is the 'United Nations International Day for Disabled Persons' and in 2009 it focused on the empowerment of disabled people and their communities.

In Haringey a new forum for disabled people was launched at the Bernie Grant Art Centre.

The forum is a place for people in Haringey to get together and find out about shared experiences and common goals, despite different 'conditions', abilities and ages.

150 who are willing and able!

The day was a great success with over 150 people coming, including groups from Blanche Nevile School, Action For Kids, the Vale School, mental health support service Six8Four and learning disabilities support service Haringey Association for Independent Living (HAIL).



Terry White attended a boarding school for the blind in Kent, and now, weirdly, his dog is called Kent. He is a keen sailor and a volunteer with Joy of Sound' (left)

Speakers and stallholders encouraged people to get involved in their community.

'Disability Backup', a group with a similar forum in Hackney, described their first year's successes and challenges.

Terry White talked about the benefits of volunteering.

Mark Todd, Accessibility Manager for the 2012 Olympic Games talked about their commitment to making it the most accessible ever!

People discussed who should be allowed to join the forum and which issues are important to them. We also thought about how we might present ourselves.

Mark Todd (right), who is working to make 2012 accessible, will be setting up a tour of Olympic sites for HDFC forum members!



“I enjoyed meeting people the most”



Getting active and arty

An exhibition by local disabled artists from CARA Irish Day Centre, the Winkfield Resource Centre and Artscope at Ermine Road Day Centre made the entrance colourful and interesting.

"I liked getting together, the music group was a great ice breaker [and the] mix of old and young"

"I think today is a very good idea. At the moment I find that I am too busy with my present commitments to be able to offer anything but it is good to know what is on offer"

"Great"
 "Beneficial"
 "Really enjoyable"
 "Very interesting"
 "Informative"
 "Very good"

Joy Of Sound facilitated inclusive music workshops.



"It was great and I joined in"



Exhibition by various artists from the Winkfield Resource Centre



'Detail from relief'
 by Junior Angus
 (left)

Artscope

'Palette'
 by M.E. Group
 (right)

CARA Irish
 Centre



"I liked the questions and ... I liked the music"

"I enjoyed the ownership of audience most – having their say on how the forum should/ could be developed"

Many thanks to everyone who made it such a great day, including stallholders from Age Concern, Equals Training, HALL, Haringey LINK, Haringey Shed, Haringey Women's Forum, Harts for Families, Joy Of Sound, LBH, Markfield, Polar Bear Community, Soraya Wright, Stars in the Sky, and WAVE . Special thanks to Sarah, Debbie and the artists from CARA and Winkfield.

Things to do!

We would like to use the back of this newsletter to advertise things to do; local events, volunteering opportunities, campaigns, consultations and clubs. Do you have an event, service or job you would like to advertise? Is there a story or issue you would like to see in this newsletter?

Would you like to help make Haringey accessible for everyone?

We are looking for volunteers to help support the growth of the 'Enabling Haringey' forum.

Do you:

Understand disability?

Want all people to get the best out of services?

Want to develop skills and self-confidence?

Then we would like to hear from you!!!

Please call Mhairi on 0208 885 4705 or email mhairi@hwfonline.org.uk telling me what you can bring to the project and what you would like to get out of it.

Befriending Volunteers Age Concern Haringey

Age Concern Haringey are looking for volunteers to make weekly visits to isolated older people in their homes. This is an invaluable lifeline for older people who are at risk of losing contact with their local community.

Training, support and supervision provided.

Contact Ashraf Choudhury: 020 8885 8359
ashraf.choudhury@acharingey.org.uk

Getting involved

We want to learn from you! You are the experts!

What do you think of the three possible logos at the bottom of the page? How do they make you feel? What words would you use to describe them?

Could you design a different logo, or model for one? What would you call the forum?

Most importantly, does this newsletter work for you?

Get in touch with Mhairi to find out more and give your feedback on this first edition.

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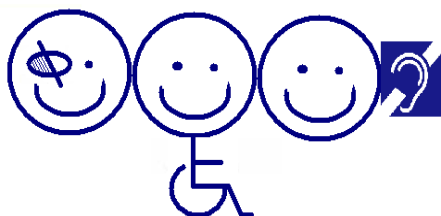
mhairi@hwfonline.org.uk

Casework & Advice

HDFC provide help for people who feel they have been treated unfairly because of a disability.

The advice and casework service is based at Haringey Race and Equality Council and Haringey CAB.

If you feel that you have a case please call Derma on:
0208 889 6871



Working together to
make Haringey
accessible for everyone